

- I. Go to registermyathlete.com and click "login to your school" chose "Utah" in the dropdown menu click "M" in the navigate tool and then find and choose Mountain View High School.
 - a. You will now need to create a parent account by filling out all the information and accepting the terms.
 - b. Once you have done this you will need to "add a new athlete."
 - i. Fill out complete "Guardian Info", "Medical Info", and "Insurance Info."
 - ii. Alpine School District <u>requires</u> that you have medical insurance in order to play a District sponsored sport. If your family does not carry medical insurance, you must purchase insurance through "Student Assurance Services, INC." Go to <u>www.sas-mn.com</u> or you can pick up a packet in the Attendance Office. You must bring the Athletic Director a copy of your on-line receipt or a copy of your mailed check as proof of insurance before you can tryout or play. The cost is \$48.00 per sports season (\$97.00 if the sport season is football).
 - c. Once you have added a new athlete, you will need to register your son or daughter for a sport or sports for that season only (i.e. fall, winter, spring). If your son or daughter plays multiple sports spanning the different seasons, you will need to register them at the beginning of each season.
 - i. Fill out the "UHSAA Tryout Check List" and read and check the boxes in Part 2 "Rules" answer the questions completely and honestly. If you have never played at another school other than Mountain View or Lakeridge/Orem Junior, you will then be taken to "Your Registration Checklist."
 - ii. If you have attended or participated in sports at another high school and then moved, attended or participated in sports at another high school and simply want to play for another high school, or are a foreign exchange or international student, you will be directed to fill out and send in the necessary documentation to the UHSAA. Your registration (and subsequently your ability) to play sports at MVHS will be frozen at this point until the UHSAA receives this paperwork and makes a decision on your case.
 - d. You are now at "Your Registration Check List."
 - i. Documents Click on "documents" and click on "read" for the "NCAA Eligibility Center Quick Reference Guide." The document will appear and you need to read it. After you have read it, click on the "I agree box." Do the same for the "UHSAA Sports Concussion Management Policy" and "Mountain View High School Academic Eligibility and Hazing Policies."

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- ii. "Signatures" both you and your student must e-sign. Realize that this is binding as your legal signature.
- iii. "Sports Physical" New UHSAA guidelines requires that EVERY studentathlete now must have a <u>YEARLY</u> physical. This is for the current school year.
 So even if you had a spring physical for boys' soccer, you would need to have a
 new physical for fall football (this physical would then be good for all sports that
 entire school year).
 - Click on "Print Physical Form" and this will display the two-sided physical form. Print it and take it to your physician to have him/her fill it out. Bring it back to your respective coach or the Athletic Director, Tim Blatter, at Mountain View High School.
 - 2. This is now the <u>only</u> form that you will need to physically turn it as the rest is all on-line.

 Please note, that no athlete will be allowed to tryout before this physical is on file in the Athletic Director's office.
- iv. "Fees" each sport has a \$100.00 Participation Fee that needs to be paid before an athlete will be allowed to play. Sports may have additional uniform, spirit pack, etc., fees that will need to be paid before a coach allows team members to participate. This \$100.00 per sport participation fee and any subsequent sports' specific related fees may be paid on line at myschoolfees.com or may be paid in person to Heather at the MVHS financial office.
- II. That is it! © Once all six items are checked off in green on your Registration Checklist, your son/daughter is good to go for that particular sport or sports for that season. Remember, this process will need to be repeated (except for the physical) for all subsequent sports played in a calendar school year.
- III. Also, keep in mind the academic eligibility rules that you just read and signed. At anytime your son or daughter is not in compliance with academic eligibility, he or she will be taken off the UHSAA Eligibility list and will not be able to play in games/meets/matches, suit up with the team, or sit on the team bench/represent the team in any way. They can, however, still practice.

Thanks so much!

Tim Blatter MVHS Athletic Director (801) 610-8160